

Coach Howe – Physical Education

Born and raised in Palm Beach County, Coach Howe is a graduate of Wellington High School, class of 2005. Before High School, Coach Howe attended Wellington Christian School in Wellington, FL, where he established his love for Christ and passion to help and coach others. After graduating high school, he attended Palm Beach State College and began coaching basketball at his high school alma mater. He will always credit this time period as the root of his love for mentoring young student-athletes. Coach Howe graduated from Florida Atlantic University, where he would complete his Bachelor's Degree in English.

In 2012, Coach Howe would marry his wife, Claire and they would begin their lives in Orlando, FL. He would begin teaching Middle School PE at Glenridge MS and also received a position as a basketball coach at a local powerhouse, Winter Park High School. In 2013, Coach Howe was a part of a coaching staff that won the FHSAA 8A Basketball State Championship.

After a 4-year stint at GMS, Coach Howe left the school and his coaching job at Winter Park to help build a program at a new K-8 School, Audubon Park K8. Here he would become the Middle School PE Teacher, the Athletic Director and coach soccer, basketball, volleyball, and track. Coach Howe spent 5 important years at APSK8, before God called him and his family back home.

In the summer of 2023, Coach Howe, his wife Claire, and their two daughters (Primrose and Georgia) moved to Port St. Lucie, FL to be closer to family and begin their new journey.

When not teaching and coaching, Coach Howe enjoys spending time with his family. His love for his two young girls is to infinity and beyond. He also enjoys being outdoors, exercising and playing golf with friends. Coach Howe is an avid fan of the Miami Heat, Miami Dolphins, and Miami Marlins.