



2023 Basketball & Cheer Schedule

Boys Practice M, T, & TH @ YMCA from 3:00-4:30 PM beginning October 23, 2023

Cheer Practice begins on October 24th, from 2:45-4:00 pm, Tuesdays and Thursdays.

Coach Howe howe@fbcs-stuart.org Coach Louis 772-201-6246

Cheer Coaches Mrs. Barrale and Mrs. Blackwell jbarrale@fbcs-stuart.org and ablackwell@fbcs-stuart.org

Monday, 10/16	Cheer	Kick-off Luncheon	12-1 in the cafeteria
Tuesday, 10/17	Basketball	Kick-off Luncheon	12-1 in the cafeteria
Monday, 10/23	Basketball	Practice Begins	@ YMCA
Tuesday, 10/24	Cheer	Practice Begins	@ FBCS Field
Tuesday, 11/7	JV 3:30 V 4:30	St. Helen's	@YMCA
Thursday, 11/9	JV 3:30 V 4:30	Christ Lutheran	@ YMCA 1700 SE Monterey Rd. Stuart, FL
Monday, 11/13	JV 3:30 V 4:30	SJS	@YMCA
Tuesday, 11/14	JV 3:30 V 4:30	Redeemer	@YMCA
Thursday, 11/16	V 4:15	Calvary	@YMCA
Monday, 11/27	JV 3:30 V 4:30	St. A's	@ YMCA 1700 SE Monterey Rd. Stuart, FL
Tuesday, 11/28	V 4:15	Sunlight Christian	@Sunlight Christian 477 Cashmere, PSL, FL
Thursday, 11/30	JV 4:00 V 5:00	St. Helen's	@ IG Recreation Center 1590 9th St. SW Vero Beach, FL
Monday, 12/4	JV 3:30 V 4:30	SJS	@SJS
Monday, 12/5	JV 4:00 V 5:00	St. A's	@ St. A's 407 S 33rd St. Fort Pierce, FL
Tuesday, 12/11	JV 3:45 V 4:45	Redeemer	@Redeemer 2450 SE Ocean Blvd., Stuart, FL
Monday, 1/8	V 4:15	Calvary	@ Calvary
Tuesday, 1/9	JV 3:30 V 4:30	Christ Lutheran	@YMCA
Thursday 1/11	V 4:15	Sunlight Christian	@ YMCA 1700 SE Monterey Rd. Stuart, FL
Tuesday, 1/17	JV & V	Practice	@ YMCA
Thursday, 1/19	JV & V	Practice	@ YMCA
Monday, 1/23	JV Play-ins	TBA	TBA
Tuesday, 1/24	JV Semi-Finals	TBA	Redeemer
Thursday, 1/26	JV Finals	TBA	SJS
Monday, 1/30	V Play-ins	TBA	TBA
Tuesday, 1/31	V Semi-Finals	TBA	SJS
Thursday, 2/2	V Finals	TBA	SJS

Kick-off Luncheons @ noon in the cafeteria for uniform distributions, policy, and procedures meeting (Must have completed sports forms and fees \$100 to attend luncheon)

Cheer Practice Schedule 2:45-4:00 pm 10/24, 10/26, 10/31, 11/2, 11/28, 11/30, 12/5, and 12/7

Cheer GAME schedules are highlighted in green.

updated 9/13/23